

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**FIRST YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
SCIENCE IN WILDLIFE AND ENTERPRISE MANAGEMENT**

WIEM 141: SWIMMING SKILLS AND FIRST AID

STREAMS: WIEM Y2S1

TIME: 2 HOURS

DAY/DATE: TUESDAY 04/12/2018

11.30 A.M. – 10.30 A.M.

INSTRUCTIONS:

- Answer ALL questions in section A and any other TWO in section B.
- Do not write anything on this paper.

SECTION A (30 MARKS)

1. Highlight five ways to ensure your safety near water bodies. (5 marks)
2. Briefly explain five risk factors to drowning of teenagers and adults. (5 marks)
3. Outline five steps to be taken in case of survival swimming in warm water. (5 marks)
4. Briefly describe five general guidelines for taking care for a victim with suspected head, neck or back injury. (5 marks)
5. (a) State the *Law of Inertia* (2 marks)
(b) Briefly explain three ways that the *Law of Inertia* can be applied to increase swimming efficiency. (3 marks)
6. State five recommendations for safe diving. (5 marks)

SECTION B (40 MARKS)

7. Suppose someone has fallen into a slow flowing river and is at risk of drowning. Describe in details how you help the person. (20 marks)

8. Suppose you want to swim in a new, unfamiliar place. Discuss the safety features you would consider before swimming. (20 marks)
 9. Discuss in detail five basic aquatic skills. (20 marks)
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